

Thraitha Aradhana

(the worship of thraitha)

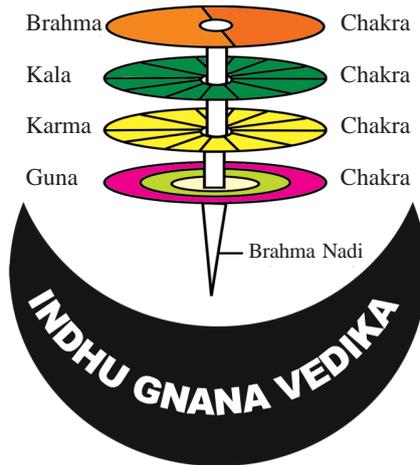
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Aradhana (Worship)

It is natural that man either enquires about or search for valuable thing in the world. The valuable thing, which is anything, is equal to money. One has to endeavor or does some action for getting valuable thing. Those like actions have special name. That is called *worship*. In men so many kinds of worships exist. Now let us see some illustrative examples about worship. One person wants friendship with another person. In his sight that friendship is so valuable. He has to endeavor for getting friendship with that person. That attempt is in the form of actions.

Among the actions, when a person comes inward he must speak well by showing honour, do the actions which are dear to him, and walk in accordance with his friendship are the actions. Those actions are called worship of friendship. In the same way worship of love exists. According to this principle, an employee is doing worship for getting remuneration. Because of we say that the profession of some people is their worship.

On the earth, if any action is done by man for a valuable thing is worship, and similar actions are many. If man wants valuable thing from the Devatas (demi-Gods) and for attaining valuable things which action is to be done is called worship of Devatas. In the world so many kinds of worships are there. For getting grace of a mean Devata and for fulfilling his desire, an animal which is dear to Devata is sacrificed at the shrine is an action. That action is called worship of mean Devata. Nowadays also, so many worships of mean Devatas, and so many worships of Great Devatas exist. In the same way, so many worship the Babas (Saints) who are living and the Babas who are unliving.

Some persons worship the snakes for children and some persons worship the trees for health. Some wrestlers worship demy- God Anjaneya for the strength of body and some thieves worship Krishna for doing theft easily. Some students worship Goddess Saraswati for learning education. Some persons worship Goddess Kalika for getting power and some persons worship lord Vishnu for getting happy thoughts. In this way, so many persons are doing so many worships. **These worships were said as worships of another Devatas by Bhagavan in the Bhagavad-Gita.**

Thraitha Aradhana (the worship of thraitha)

If we observe the matter of worships on the basis of Bhagavad-Gita which is Yoga Shastra, in that worships two kinds exist. One kind facilitates Jeeva to get money which is not permanent. Second kind facilitates Jeeva to get money which is permanent. If we say about worships which give comforts of Prakruti, there are thousands of worships. But the worships which give comforts of Paramatma are only three. **These are called Brahma Yoga, Karma Yoga and Bhakti Yoga.** Even those who do not practise these three Yogas can practise in the three days at the three times as a sign of three Yogas. Those three worships are called the worship of Traita. All worships in the world are not related to Yoga and seek comforts of money. But only **the worship of Traita gives the wealth of wisdom and made men merge with God. Remaining worships except worship of Traita, made men get births by accruing Karmas.**

If we think deeply even the great Swamijis do not know either meaning of worship or the manner of worship. If we look at the common man, he is in the position what he is doing is not known to him and thinks what he is doing is right. Because of either Swamijis or common man have constructed themselves a wall like barrier that we have known about all things, lead to the position without grasping anything. Some persons only think to know about which is not known to them, but at last they also get refuge in the worshippers of devatas and follow them. Though God said in the Bhagavad-Gita that among the worships, Yajna, Yaga and recitation of mantra, Penance were not the worships for reaching him, that matter is not known to men.

Even heads of Peethas and Mathas are doing external Yajnas and forgot about inner Yajnas. They did not understand about Material Yajna and Jnana Yajna, which were mentioned in the Gita. At these circumstances, no one is available to lead them walk in the right way for reaching at the proximity of God. At these circumstances, God descended as Bhagavan on the earth in the Dwapara Yuga, and said in the Gita that only he must be worshipped by leaving the worship of other Devatas. He said that Yajnas, recitation of Vedas, Charities and Penance were not the worships of him, and through these worships anyone wouldn't reach him. Some elders thought if this matter was known to people, they would lose honour, so they made people without understanding what God had said. So it can be said that people had lost very much in the matter of wisdom.

Owing to God has understood that in the previous days what he said about Dharmas were not known to anyone, and adharmas were exulted, so he wants to remember the matter of wisdom of previous days for increasing dharmas. Because of this, he made me write these matters by giving this matter through the idea. The three worships which are written in the book "the worship of Traitā" are not worships of Devatas, and it is the essence of three Yogas which are said in the Gita. Those who practise the worship of Traitā are the practitioners of three Yogas. Because of this, for attaining liberation the three worships are like the three stairs. It is no matter if anyone read the worship of Traitā, but if anyone talk against this, it must be treated as rebuke the God. If anyone said to any person about the worship of Traitā which is not known to anyone, and this book is given to anyone as charity, it is like doing the work of God. That is the real service to God.

Yours

The Adikarta of Traitā doctrine.

Sri Acharya Prabhodanda Yogeeswarlu

Traita Aradhana (The worship of Traita)

(The three worships)

All may be heard about the saying that Gaganam Sunyam (space is empty). That is not only a saying but also a naked truth. Gaganam means space (Akasa). Space means empty. Space can be said as equal to God or it can be said as a simile because of it is empty. Though space is not God, it can be said as a proverb because of it is near to God. There is possibility that God which is not physical matter can be compared with space which is also not physical thing. Even today, when some people are made to remember God, they salute the God by seeing at space. When cricked batsmen scores 100 runs, they see at space for telling their gratitude to the God. Similarly some men usually say that God is seeing from the space. So many men think that space is filled up with God. It is true that space is filled with God without appearing. So, it can be said that **Sunyam Daivam like Gaganam sunyam.**

Though God is filled in every atom of Wind, Fire, Water and Earth, if we consider why did they give importance to the space without giving importance to remaining elements, we can know some details. Among the Air, Fire, Water, and Earth, no element is not self radiant. In the earth though some precious stones exist, it is not living. But only in the space three exist as grahas which are radiant, living and have power to grasp anything. Those are Sun, Moon and Star. From the previous days, the three such as Sun, Moon and Star had been considered as equal to God by men. The people who are residing on earth, from the days of without having civilization, had been worshipping Sun, Moon and Star. They worshipped the three grahas such as Sun, Moon and Star when idol worship did not exist.

In some countries people worshipped Sun more. In some countries people worshipped Moon more. In some countries people worshipped Star more. Even now, in some countries they printed the picture of the grahas in their flag as a symbol by showing respect. We can observe the picture of Star in the flag of America. Similarly in the flag of Pakistan the picture of Star and Moon exist. In the world, 73 countries have printed either Sun or Moon or Star in the flags of those countries. The thirteen countries include Argentina had printed the picture of Sun in their flag. Maldives had printed the picture of Moon in the flag of that

Thraitha Aradhana (the worship of thraitha)

country. America and China etc 59 countries had printed the picture of Star in their flag.



Sun-Argentina



Moon-Maldives



Star-Burkina

Those 73 countries which were backward in the Divine wisdom, have taken the three grahas such as Sun, Moon and Star as equal to God in their flags as emblem. But the Bharat which was held high esteem in the matter of wisdom of Atma by all countries and renowned as Indu country which was said to be an abode of wisdom and Indus were said to be symbol of wisdom, had lost wisdom, and without taking any graha among Sun, Moon and Star as emblem in the flag of the country and only we had taken the three colors and a wheel on the flag. Even today, in the Bharat some persons are worshipping Sun and Moon.

They are worshipping the Sun in the name of prostration of Sun, worshipping the Moon in the name of Pournami (full moon day), and worshipping the star in the name of New moon day. In this way in the all corners of world, those who are civilized or uncivilized with knowing or without knowing have been worshipping Sun, moon and star. In the Bharat in some places Sun temples exist. Anyone may prostrate the Sun in the morning.

In this way, from the previous days three grahas which are in the space have so much value in the matter of divine. If we look into those grahas, Sun is in the first place by giving more light and having more splendors. Moon is in the second place by giving less light than Sun and having little splendor. Star is in the third place by giving less light than Moon and having little splendor. If we see the Grahas how much distance is from us, Moon is 3,84,401 K.M away from us, Sun is 14,96,00,000 K.M away from us and Stars are some lakhs of crores of K. M away from us. According to this Moon is very near to us, next Sun is near to us and Star is far away from us. Sun appears in day time, Moon appears night time, and Stars appear always. So, our elders said to us that Sun was the king

Thraitha Aradhana (the worship of thraitha)

for the day time, Moon was the king for the night time and Star was the king always.

The three grahas in the space are three kinds in respect of light, distance and authority. Now it can be said that Gaganam sunyam, SunyamDaivam, Daivam Traitam. It means God exists as three kinds. It is the chief principle in the study of Atma. The invisible God exists as three kinds invisibly. In the Bhagavad-Gita, the three parts are called Kshara, Akshara and Purushottama. It means one who is destructed, one who is not destructed, and he who is the great and beyond the two purushas. The three are called another wise as Jeevatma, Atma and Paramatma. The God who is Traita (three) doesn't appear. For knowing God, God himself established Sun, Moon and Stars in the empty. Because of this, our elders said in many occasions that Sun, Moon and Stars were the visible Gods.

There is strong evidence for saying that to know invisible God, the visible Sun, Moon and Stars were kept. That is! In the Viswaroopa Sandarsana Yoga chapter of Bhagavad-Gita, God said that he was time. For measuring that time, there is no basis except Sun, Moon and Star. From this, it can be said that God is much related to the three grahas (planets). So far we said about for knowing unphysical God, Sun, Moon and Star are the basis. Now, let us see about it in the spiritual manner. So far, what we said about the matter is the matter of all men in the Universe. It is not related to any religion. God created everyone. God is belonged to everyone. All have equal right for knowing God. So this matter is beyond the religion.

God made men take birth on the earth in accordance with uniform body and uniform dharma without having any religion, but man had been practicing adharmas by creating religions and forget that men were belonged to one race and had been attacking each other by hating their own race, having religious bigotry. For eliminating like that religious hatred and violence, wisdom of Divine must be known. In accordance with wisdom of God, all living things such as men, animals or birds do not have religion. In all men dharma of God equally exists. For instance, if we take a man, in his body three Atmas are living. Body is different, but it appears. Atmas are different, but these do not appear.

Thraitha Aradhana (the worship of thraitha)

Though man said externally about the name of any religion, and said the name of any God and his God is such, the Atmas in the body were created in accordance with a uniform Dharma. Though they say that in their religion Atmas are not described or say that only two Atmas exist in their religion or say that one Atma only exist or say in accordance with their liking about religion, in accordance with the dharma every man is filled by the three Atmas. Those three Atmas are Jeevatma, Atma and Paramatma. These three Atmas are the basis for the spiritual field. If anyone is not known about the three Atmas, he is not known about spirituality. These three are called Traita. As Traita is said in accordance with science and bound to doctrine, so it is called doctrine of Traita. Every man who wears body and every religious person who has head must know about the doctrine of Traita.

God in the living things is divided into three Atmas. God, who exists as three Atmas, exists as three planets in the universe. **God was to be appeared as Sun, Moon, and Stars for revealing its existence. Among it, Sun can be compared to Jeevatma, Moon can be compared to Atma and Star can be compared to Paramatma.** In everybody three Atmas exist beyond the religion. In the world there is no man or animal or bird or small insect without having three Atmas. The matter of three Atmas is most secret.

For knowing that secret, Sun, Moon and Star are the basis. Among the seven days of week, the first three days were named the names of three planets for specifying Sun, Moon, and Star. The first day of week was named Sunday after Sun, the second day was named Moon day after Moon and third day was named Mangal day after star. Sun was called Aditya, so first day among week was called Adi Vara or Sunday. Moon was called Soma, so second day was called Soma Vara or Moonday. Nakshatra or Star was called Mangal, so third day was called Mangal day or Tuesday.

In every body, Jeevatma is related to ignorance. Atma is related to wisdom. Paramatma is related to liberation. Because of this, it can be said that Sunday is the birth day of Jeevatma, who is ignorant, Moonday is the birth day of wisdom of Atma, and Tuesday or Mangal day is the day of knowing liberation. It can be said further that God created the Universe for the Jeevas. So that day was said as Adi vara (Sunday). Adi means first. Jeevatma was created on that day, so

Thraitha Aradhana (the worship of thraitha)

the first day was said as Adi Vara. This matter is belonged to men. According to this, even today everywhere Sunday, Moonday and Tuesday exist.

In accordance with the existence of names of three Atmas in the world, every person of all religions and persons of all countries must know about the matter of three Atmas. But so far in the Bharat or in the other 194 countries the matter of three Atmas is not known. If we look into the history of Bharat(India), in the previous days Bharat have more wisdom of Atma than other countries. Moon is the symbol of wisdom of Atma,so it is second day in the week. The second day is called Moon day or Soma vara or Indu vara. In the Sanskrit language Indu means Moon or wisdom. Mati means intelligence or Buddi. In our country so many women were named as Indumati.

In the previous days so many persons, who have wisdom of Atma were in Bharat. Because of this Bharat was named as Indu country. In the previous days as our country was renowned as Indu country, but today it was changed to Hindu country without knowing wisdom of Atma. The word Indu has meaning. But the word Hindu doesn't have meaning. Though we said elaborately the meaning of Indu country which is meaningful, the ignorant persons are attacking on the persons who say truth. It is strange that some persons who claim themselves leaders of Hindu religion without having devotion of God and only having devotion of religion came forward to attack on my followers in Guntakal, Anantapur D.T.

Though Indu country had converted to Hindu country, always Bharat is Indu country. Today also the residents of Bharat only reveal wisdom of three Atmas and about the superiority of three days that are Sunday, Moonday, and Mangalday(Tuesday). Even today other countries have known wisdom of Atma from the Bharat that is Indu country. Even today there is big evidence for saying about that wisdom of Indu had spread universally. The names such as Sunday, Monday, and Mangalday is in all countries. Besides, in accordance with Indu tradition, a period of seven days for week, a period of 30 days for month exists in all countries. Even in America or any other country the first day of Sun is called Sunday. The second day of Moon is called Moonday. This system exists universally. The second day that is Moonday gradually converted to Monday. In Telugu language, the names of first three days are not changed.

Thraitha Aradhana (the worship of thraitha)

Though Moon is very near to the Earth and Sun is far away than Moon, some may question us, in the period of seven days, why did elders keep Sunday as first day instead of Moonday? By basing the distance, is it right to keep the name of Moonday for the first day and the name of Sunday for the second day? For this reply is! We compared the Sun to Jeevatma, Moon to Atma and Star to Paramatma. In accordance with the light Sun is first, Moon is second and Star is third. There is a spiritual reason for keeping the name of Sun for the first day though Moon is very near to earth. How the Moon is very near to earth, even in the body though Atma which is equal to Moon had spread over the body and is very near to men, Atma is not recognized by anyone.

No one thinks that Atma spread over the body and made the body work. How the Sun is far away from the earth, Jeeva who is having similarity of Sun, is far away from the external world and reside in the body. Though Jeeva is entangled in the Guna chakra at forehead in the head without having any connection with the external organs, and not able to move any organ of body for doing any work, he thinks that he is only doing all works and exists as the body. Because of everyone thought that he was the body, they kept the name of Sun who is far away, for the first day and name of Moon who is near, for the second day.

Without taking the distance of either Atma or Moon, in accordance with the external light and inner meaning, Sunday was taken as first day, and Moonday was taken as second day. Can anyone deny this? Elders of previous days had decided Sunday, Moonday and Mangal day in accordance with external light and inner meaning. When we know that these exist worldwide even today, no one deny it. Through the existence of Sunday we know that now the culture of Indu, which appears as very little, was existed worldwide in the previous ages.

After Sunday Moon day comes. Next Star day must come. But we say Tuesday instead of Star day. In the English language Tuesday means day of Mars which is red. In Telugu language or in Sanskrit, the third day has the name of star. In accordance with the meaning of star, it is called as auspicious or Mangal day. In the Bharat first three names are named for first three days in accordance with the wisdom of Atma. In the foreign countries the first two days are the days of Sun and Moon in accordance with the culture of Indu.

Thraitha Aradhana (the worship of thraitha)

In the Brahma Vidya Shastracalled Bhagavad-Gita which is sixth Shastra, in the 32rd verse in the chapter Viswa roopa Sandarsana Yoga, Bhagavan used the word **Kalosmi (time)**. Kalosmi means I am time. According to this it is known that God is in the form of invisible Kala. The invisible time is getting on before us, but no one knows about time. Besides, though time is getting on as days, months and years, it is not understood. So God is not appeared to anyone and not be understood. The invisible, unphysical time is reckoned with physical mathematics as days, months and years. In the aimless and unphysical space, how the Sun, Moon and star appear as Traita, similarly unphysical time is also known as Traita that is day, month and year. If we observe another wise the creator is divided into visible three living things and exist as Traita. Those are Andaja (It takes birth from the eggs), Pindaja (It takes birth from the womb) and Udbhija (it sprouts from the earth. Those are trees).

- 1) The unknown space is one. But the known Sun, Moon and Stars are Three (Traita).***
- 2) The unknown time is one. But the known day, month and Year are three (Traita).***
- 3) The unknown Paramatma is one. But the known living things such as Andaja (it takes birth from the eggs), Pindaja (It takes birth from the womb) and Udbhija (it sprouts from the earth) are three (Traita).***

Now let us know about Sun and Moon. The day, month and year reveal the motion of Sun and Moon. These are parts in the time(Kala). The day time of God who is Kala, is 108 crores years. This matter is said in the 17thverse of chapter Askhara Parabrahma Yoga in Bhagavad-Gita. If we look into that verse, this matter is revealed. In that verse, it was said that 1000 Yugas was the day time of God. As Yugas are four only, ifwe count the four Yugas 250times, then it will beknown how many years for the day time of God are. The longevity of world is the day time of God.

Kali Yuga	---	4, 32, 000 years.
Dwapara Yuga	---	8, 64,000 years.
Traita Yuga	---	12, 96, 000 years.
Krita Yuga	---	17, 28000 years.

Thraitha Aradhana (the worship of thraitha)

The four Yugas are equal to 43, 32 000 years. Total 1000 Yugas are equal to 108 crore years. In the reckoning of Kala or God, 108 crore years are equal to the day. The day time of God is counted as longevity of world. In many occasions we are using the numeral 108 for knowing of longevity of world which is bound sixth Shastra that is Bhagavad-gita. The number 108 reveals the existing time of creation. God made all men know the number 108 by using rosary consists of 108 beads in every religion.

As God who made everyman has 108 dispositions, made the living things having 108 dispositions, live in the creation. After 108 crore years, dissolution occurs. Then all will be destructed. God made men keep 108 beads in the rosary and worship with 108 flowers and at the time of doing charity it should be atleast 108 rupees without forgetting the longevity of world. Similarly every mantra should be recited 108 times. At the time of marriage, people are used to give wedding gifts must be associated with the number 108. In this way, in the external society people are using the number 108 in many occasions.

So many people do not know that longevity of world is within 108 numbers. In the previous days those who had known wisdom had remembered the number 108 in many occasions, but today those who know wisdom have converted that number to 101 or 116. By seeing those men, God made men remember his fixed longevity by seeing the number 108 in the Ambulance. God made man remember that his danger is in the number 108 and keep the phone number as 108 in the ambulance for contacting in the period of danger. Whatever may be man forgot about the number 108 which denotes the longevity of world. The Prakruti which is alive for 108 crore years will be destructed after 108 crore years. After interval of 108 crore years, again creation occurs.

How the present creation exists like that again the new creation which is to be occurred exists. In the new creation, living things will take birth with three kinds of bodies such as Andaja, Pindaja, and Udbhija. For the Sun, Moon and Stars as the day, month and year exist as measurement of time, similarly the day, month and year are the measurement of longevity for the living things such as Andaja, Pindaja and Udbhija respectively. In this way these are interrelated. As the visible living things exist on the earth, in the space visible Grahas exist, but in the middle invisible time exists for recognizing God.

Thraitha Aradhana (the worship of thraitha)

The invisible time is in the measurement of day, month and year. Like that first seven days were named, the first 12 months were named and first 60 years were named by our elders. We know that time has the name of Vara(day), Masa (month) and Vatsara (year). Here the word **Moosa had** converted to **Masa**. We are telling the word Masa (month) because of all are known about the word Masa. Similarly the word Yoga had converted to Yuga. One must grasp that we are also saying about that word as Yuga. For example Chaitra Moosa (The name of the first month in the Telugu year, answering to April –May) is said as Chaitra Masa. Similarly Kali Yoga is written as Kali Yuga.

In the period of time only, every living thing is taking birth. It means God is creating every living thing. The invisible God made every living thing take birth without having similar form to another. So Kala was named as Vara(day), Masa (month), Vatsara (year). It can be said anotherwise that Vara means having difference. Masa means having form and Vatsara means made to take birth. According to this meaning, the shape of every man has difference from one another. Every man has so many differences from one another in the face. According to this, every man was moulded (Moosa) into a shape which is different from one another (Vara) for taking birth (Vatsara). We know that week has seven names. If we question, why did week was named seven names? For this question answer is like this.

Every man is living in the light of visible Sun, Moon and Star and effect of invisible three Atmas. A ray of light of external seven grahas exists as seven differences (days). Similarly the effect of inside Atmas exists as seven days (differences). The rays of light can be divided into seven colors. If the power of Atma is divided into seven powers, it exists in the seven nerve centers. So, the day of man was named seven names. Among the seven names, the first three names are related to Sun, Moon and Star. Nowadays, in the name of civilization man immersed in the education of ignorance under the name of science, and had forgotten the greatness of Sunday, Moon day and Mangal day (Tuesday). He did not know about wisdom which was related to him. Men of previous days who knew wisdom of Atma and knew the meaning of Sunday, Moonday and Tuesday were greater than men of present day.

All people know that God made every man take birth and was moulded having differences from one another in the shape. He is living in the light of three

Thraitha Aradhana (the worship of thraitha)

grahas such as Sun, Moon, and Star and the effect of three Atmas. We are said that God exists in the space as visible Sun, Moon and Star and exists as invisible three Atmas in the body. According to this everyman is living by the effect of external three grahas and effect of inside three Atmas, but totally he is living by the grace of God.

God is divided into Sun, Moon and Stars, which are visible.

God is divided into Jeevatma, Atma and Paramatma, which are invisible.

Man who is living either outside or inside under the influence of God, worship by knowing Sun, Moon and Stars which are external and Jeevatma, Atma and Paramatma which are internal is called worship of Traita. In the worship of Traita, the process of worship of three Atmas in the days of Sunday, Moonday, Mangal day which are symbols of Sun, Moon and Star respectively is said as worship of Traita. We had heard the song when some elders had sung about the Tatwas and wisdom in the form of songs such as "Jeeva! *Why do you delight for three days of life?*" . If we consider about our life, it is only discourse of three days only. We know that one day is for taking birth, one day is for knowing wisdom and one day is for getting liberation. It means in the first day Jeeva should take birth, in the second day he should know Atma and third day he must reach the Paramatma. Because of this, some poets and elders said that "**Life is little, but youthfulness is very little**".

Living persons are made to know this matter by doing third day ceremony for the dead persons. According to this we know that life is only discourse of three days. The discourse of three days means, to know the matter of about three days such as Sunday, Moonday and Tuesday. Without knowing about that matter, though they live in any status, their life is waste. Because of this, the every man who has taken birth on the earth and belonged to any religion must know about worship of Traita and must practise the worship of Traita. This is the wisdom of Atmas. So, everyone must know that it is practise of beyond religion.

The worship of Traita is meaningful. So, among the seven days it must be done in the first three days, that are Sunday, Moonday and Tuesday. In the period of worship, one must keep his right hand on the head and keep his left hand under the chin for keeping his attention to the three nerve centres which are throat centre, centre between eye brows, and the centre in the head. A scarf

Thraitha Aradhana (the worship of thraitha)

of threeangles must be worn around the head as a symbol of three Atmas. It must be known that thoughtit appears as new and some persons think that it is teaching of another religion, some lakhs of years back, when any religion was not existed, Jnanis had practiced the worship of Traita.

Some persons may question us, lakhs of year'sback what was existed is not known to any head of Peethas or any Swami, but how do you know about that past matter? I do not knowabout this matter. Because of Atma which is second in my body isknown about all and made me write this matter. Atma is also in your body. You do not ask for, so he doesn't say to you. This is only difference between you and me. He says further that pay your attention to hear aboutthe first days such as Sunday, Moonday and Tuesday more.

Adi Vara or Sunday

The mundanemeaning of Adi is beginning. Spiritually its meaning is Jeevatma who is ruined, having birth and death. God began to create for Jeevas. The day in whichJeeva wascreated first, iscalled Adi vara or first day in accordance with the world, and spiritually it is Sunday. Though it is first day, Sun who rises and set like birth and death ofJeevatma, so it is called Sunday. The day creation beganwas the Sunday. The day God created Jeevatma and Atma with body was Sunday.Among the three Atmas,first Jeevatma was takenbirth on Sunday. The day, God made Jeevas take birth by the Prakruti iscalled beginning day of actions of God. The day God created all by his will, so in the previous days it was called dayof God's will. As it was created by God, so it was called the distinguished day or sacredday, because of it was created by sacred God.

Though in the Rome and Greek countries, people had more devotion on the grahas or Devatas, in our country people had more wisdom thanthe people of those countries. The people of all countries called ourcountry Inducountry because of we were firstin the wisdom. First our country was Indu country , but from the period of ruling of our country by king Bharata, it was called Bharat. Though it was called Bharat, the name Indu was fixed becauseof from the beginning Bharat had wisdom. In many circumstances we said that, the wisdom of Divine had weakened in our country and the word Indu gradually converted to Hindu. Though the word Indu converted to Hindu, our country is thegreatest among

Thraitha Aradhana (the worship of thraitha)

other countries in the matter of wisdom. So let us say about our country that it is Indu country.

At the beginning every country had followed wisdom of our country by knowing that this country was having much wisdom. We can understand that Bharat was the guide for all countries. In the Indu country which gives guidance to all countries, the sequence of Sun, Moon and Stars and through these Grahas astrology had come to the world. According to Indus Sun was the first and among the seven days, Sunday was the first day. Indus had spent whole Sunday in the attention to God and in the wisdom of God by keeping Sunday as holy day. On that day they did not do any work, and said about that day as the day of beginning of creation and it was their birth day by praising the God who is creator.

Because of this Indus had kept the Sunday as the day at their leisure and used the whole day for knowing wisdom without doing any work. Because of people of other countries used to follow Indu country, all other countries not only keep Sunday as the first day like Indus, but also made Sunday as holy day and the day at leisure. In the previous days Sunday was called Holyday. Gradually Holy day becomes holiday. In the world when any religion was not existed, people began to keep Sunday as leisure day. Even today that tradition is remained in the world.

In the previous days, Indus spent Sunday with the mood of festival. They did not take intoxicated drinks and did not eat meat. Because of they had seen that day as great, so they did not either talk badly or behave badly on that day. Among the seven days of week, though they used six days for them, they thought to work for God on Sunday. By seeing the Indus, the people of all countries used to spend sacredly on Sunday. Gradually Jnanis began to convert to Ignorant. As kings had gone but their forts remained in the state of dilapidation, though the traditions of Indu are lowest, for instance Sunday remained as rest day. Ignorance entered into the Indu country, results in Indutva is to be questioned.

Gradually Sunday, the first day of week becomes last day of week and many people are mistakenly calling weekend. Even today in the calendar of foreign countries Sunday is treated as first day. But in the practice, it is a day which has fallen from sacredness. Especially people are eating meat on Sunday,

Thraitha Aradhana (the worship of thraitha)

take intoxicated drinks and gambled their money on either cards or play. As it is rest day, Sunday becomes firm for the actions of pleasure. Those, who do not consider why Sunday is at leisure, are using the Sunday for the actions of ignorance.

People are not trying to know about the worship of God and wisdom of God. They forget that Sunday was the birthday of Jeeva and it is related to Jeeva. In the previous days as Sunday, Monday and Tuesday were the holy days, but now Thursday, Friday and Saturday are holy days. Men have been worshipping demi-gods on Thursday, Friday and Saturday by practicing sacredness. In this way, Indus has lost the prominence of Sunday many years back. Now Atma made us recognize the importance of Sunday.

As Sunday which was attained importance since crores of years in the Indus, has converted to the day of meat eating, the word Indu which is associated with meaning has converted to the word Hindu which is meaningless. Hindus remained without knowing the traditions of Indus. Even not only common man, but also heads of peethas have not known about divine dharmas and traditions of wisdom. Because of this some Hindus had increased their desire for other religions and become illusionary by thinking that here what is not available, there it must be available and converts to other religions.

Some persons are leaving Indu religion for taking other religions though the Indu country which is ideal for practicing wisdom, and the country which was birth place of Bhagavad- Gita having 100% of wisdom. So many persons are converting to other religions without knowing that Indu religion is a mine of wisdom and other religions are like treasure. If a thing is kept in a place by taking from the mine, it becomes treasure. Those who do not know that wisdom, which was taken birth from the mine of Indu, exist as treasures in other religions in many places are converted to other religions. If the digging of mine is going on it must be obtained. But treasure is obtained one day only after excavation. So it can be said that mine is permanent and treasure is temporary. For any one, the religion which was his religion by birth is like mine. Other religion is like treasure. What is not in the mine is not found in the treasure. What is found in the treasure is in the mine. Because of this we have to say that conversion to other religion is wrong.

Thraitha Aradhana (the worship of thraitha)

As Sunday was made some crores years back, but other religions which were come into existence for centuries back, did not change the Sunday. Because of this Sunday is an important day in other countries. Indus made Astrologicalscience for Jeevatma who is first Atma on the basis of Sunday which is first day and the Sun which is first planet. Astrological science which is among six sciences was made on Sunday. Astrology reveals Jeeva about karma. In this way in so many kinds Sunday is recognized as important day. The magnetic force which spread north and south directions show its effect on man especially on Sunday. Magnetic force shows its effect even on five Bhutas. Its effect is more, if Sunday is associated with full moon day or new moon day. In the previous days all people know that Sunday is more powerful day for subtle bodied Jeevas which are unphysical. In this way Sunday is attained importance either physically or subtlety.

Monday

In a country a government exists. It is governed by the king or governor. In the country how Governor and government exists, similarly in the body a God and Divinity exists. Government has law. The Divinity of body has dharma. Justice reveals about law of country. Similarly wisdom reveals about dharma in the body. For knowing law, one should read science of law. For knowing dharma, one should read Yoga Shastra. The law of science is in the L.L.B books. For teaching that law, some professors exist. Similarly the Yoga Shastra having wisdom is in the form of Bhagavad- gita. For teaching Gita, Swamijis (Yogis) exist. In the country minister of law exists as lord of justice. Similarly Moon exists as lord of wisdom in the body. This matter is given below for looking descriptively.

Thraitha Aradhana (the worship of thraitha)

In the country

Country
Government
King
Law
Justice
Law of science
L.L. B
Professors
Ministers

In the body

Body
Divinity
Paramatma
Dharma
Wisdom
Yoga Shastra
Bhagavad-gita
Swamijis (Yogis)
Moon (Indu)

At the outside, countries and laws can be changed and rulers and Government also can be changed, but in the body either bodies or Dharma or God or Divinity never changes. So our elders have been saying that which is outside is temporary and which is internal is eternal. All must remember that at outside rulers and government is temporary and at inside God and Divinity is eternal. For knowing eternal God, his dharma must be known. For knowing Dharma, his wisdom must be known. Moon is the lord of wisdom. Moon is called Indu or Soma. After Sunday which is first day, men were known wisdom on second day. So, second day was named after Moon who represents wisdom, as Indu vara or Soma Vara (moonday). Like this way after creation, second day was counted as day of wisdom.

Every man must know wisdom. At a time anyone can't know wisdom. One who knows wisdom little by little must increase wisdom day by day and at last he must know wisdom completely. Wisdom is like an ocean. Any one can't say about to know wisdom within such days. One has to increase wisdom so much time. Because of this, wisdom was compared to crescent of moon, which is waxing. The complete Jnani is compared to full Moon. As man has to increase his wisdom in the head, so even Sankara, a demy-God had worn crescent as a symbol of wisdom. In this way Moon is symbol of wisdom.

Even in Astrological science also, the planet Moon is considered symbol of wisdom. By basing these evidence elders say that the country which is having wisdom is Indu country. At the beginning of creation Man had known wisdom on second day, so that day was called Indu vara or Soma Vara (Moon day). In the Indu country, in accordance with wisdom Indu vara (moon day) is very important.

Thraitha Aradhana (the worship of thraitha)

From the previous days Indu vara was considered the day of increasing of wisdom. Gradually, in the midst of those who do not know wisdom it is not known that Moon day is the symbol of wisdom.

In the Bharat, those Indus who do not know Indutwa (wisdom), do not know that they were renowned as Indus, but at last they have been saying that they are Hindus like Moonday become Monday. In the astrological science, how the word Japatakam converts to Jatakam (Horoscope), in the other countries the Moonday converts to Monday by losing a letter 'o'. In other countries though they had forgot a letter 'o', in the Bharat a letter " E " was changed to " Hi " , and Indu country is called Hindu country. Though we said that in the previous days we were Indus having wisdom, those devotees of country who do not hear my word are not counting me who tell the truth.

To get high grandeur for this country which was superior in respect of wisdom than other countries and was called Indu country by other countries, we are all must convert to Indus who know wisdom. For changing like that, we must know about Moonday which represents wisdom. As the first day is symbol of beginning of creation, second day is the symbol of wisdom which reveals dharmas of God. In the life only three days are important. One is taking birth. Second is living. Third is death. Brahma, Vishnu and Maheswara were said as symbol of above mentioned three days. It is said as Moon is the lord of wisdom, Brahma is the lord of birth, Vishnu is the lord of living and Hara is the lord of death. The important three days are in the first of week. Among it Moonday is second day. How a New moonday coincides with Sunday is important and powerful similarly a full moon day coincides with Moonday is also important and powerful

Mangalday (Tuesday)

Mangal means auspiciousness. If we look into by questioning what is more auspicious than any other, it knows that God is more auspicious. God is called Kala. Kala has another meaning like destruction. According to this the word Mangal can be said as destruction. In accordance with spirituality it can be said like that. Elders had been saying from the previous days that **Sunday, Moonday and Mangal day (Tuesday) were the symbol of Creation, existence destruction respectively.**

Thraitha Aradhana (the worship of thraitha)

Here some persons may express doubt if the creation, existence and destruction are the symbols of three days, but the day which is related to destruction was named as auspicious (Mangal) day. But destruction is always associated with unhappiness. Is destruction associated with auspiciousness? For this my reply is! So many persons may worry without knowing the real state of destruction by the effect of dispositions. Anyone can't bother if they know the meaning of destruction. For example if a person dies, as he is near to you, you may bother. But he is not destructed. He is only transformed. You only bother about his death.

If we look into this, anyone may bother about the change of figure, but not about destruction. If a living thing or an inanimate thing changes that conversion is not considered destruction. In the world, either anything or anyone has been changing only but it is not destructed. Conversion always happens. But destruction occurs rarely. Destruction is belonged to the living things only and not to inanimate things. A Jeeva may get destruction at any time but a thing never gets destruction.

Even intellectuals are not known about what destruction is. Commonly all are thinking that conversion or death is destruction. They are not able to recognize that it is only conversion but not destruction. For instance, a stick can convert to coal or ash by burning. It cannot be called that stick is destructed. It can be said that stick has converted to coal or ash. If the existence of stick is lost at any stage, it can be said that stick is destructed. In this way anything doesn't get destruction. The Jeeva who wears body can get destruction. For getting destruction, Jeeva has to endeavor by practicing Yoga and grieves for achieving that aim. Then there is possibility to get destruction. If we consider about destruction which is attained rarely by long time practise of Jeeva, it is known that destruction is great, sacred and auspicious. So, it can be said that destruction is Kala (time), Kala is God, and God is auspicious or Mangala. The day in which Jeeva gets destruction is named as Mangala.

Those who know wisdom of Atma can only know about importance of Sunday, Monday and Tuesday. If gem is given to blind man how he counts it as common stone, those who do not know wisdom of Atma see the Sunday, Moon day and Tuesday as common days. Now let us know descriptively about Mangal day (Tuesday). People usually say that in the constellations of Sun only nine planets exist. It can be said easily that word is wrong. For instance, let us think that

Thraitha Aradhana (the worship of thraitha)

disciples of Paramanandaiah are ten persons. They bathed in the river and were counted by one another whether all had come out. They counted themselves as nine because of one who counted others did not count him. Similarly though earth exists as planet in the constellations of Sun, due to other planets excluding earth are counted, it is known that only nine planets exist.

If all planets including earth are counted it is known that planets are ten. The disciples of Paramanandaiah had worried that among them, one disciple was carried away by the water. Then a man came and said all were safe by counting them as ten. Like this, unless other man tells the fact by illustrating about the story of Paramanandaiah and his disciples, we could not know that planets are ten. If we look into deeply, it is known that planets are twelve. Here it is not the context for saying about it. I can reveal about the details in the **JyotishyaShastra** (Astrological science), which is to be published. This information is revealed for only condemning that planets are nine.

Kutumba or Family means some persons living together by doing the work jointly. I wrote in the Suboda book, in the name of an article "**Yours Samsara (Family)**", that the word Kumtumbam gradually was converted to Kutumbam. Though so many families exist in the country, these are all under control of government. Government is under control head of Govt. In a country all families are under control of the law. No one overcomes the law. Similarly, in the Universe, so many planetary constellations exist. As how the head of Govt and Government is the head for all families, the constellations of planets in the Universe have a lord and government. That is called **God and Divinity**.

As lord of country is independent without control of anyone, the God of Universe is independent without control of anyone. **Chatram** means umbrella. Chatra gives protection from sunshine and rain. God is not under the protection of anyone, so he is called **Nachatram**. In the space star (Nakshatra) represents Nachatram, who is God as symbol. Gradually, the word **Nachatram is converted to Nakshatra**. So many kings exist for so many countries in the world; similarly so many Nakshatras (stars) exist as head of constellations in the Universe. It must be known that **Nakshatra means God**, similarly **Prabhu means King**. God is auspicious, so he is called Mangala.

Lord of country can pardon the person, who is under sentence of death. Similarly if God of Universe accepts, the person who is imposed on by punishment

Thraitha Aradhana (the worship of thraitha)

of Karma can be revealed from that punishment. Relieving from the punishment of Karma is the liberation of Jeeva. So God is said as **contributor of liberation**. When Jeeva is destructed, he can attain liberation. So God is called **Kala or Mangala**. The third day of week is called Mangala Vara (Tuesday) as a symbol of God.

At the beginning the word Rama was used for God. Before the birth of Dasaratha Rama, the word Rama was taken birth from the word Mara. Saying either Mara or Rama, both gives same meaning. King Dasaradha named his son as Rama. From Treta Yuga, the name Dasaratha Rama had come to prominence for usage, but the name Atma Rama lost its prominence. All people know that Rama was Dasaradha Rama. Similarly though Mangala was related to Divine, it lost its prominence and the planet Mars was named as Mangala. Because of the planet Mars had another name as Mangala; it is not known that name Mangala is belonged to God. So, when we say about the word Mangala, anyone is not recognizing the Nakshatra which gives equal meaning of Mangala and remembers only the planet Mars.

How the sound Rama is attached to the son of Dasaradha and made us remember Dasaradha Rama, similarly the sound Mangala is attached to the planet Mars and made us remember the planet Mars. So someone saying that lords of Sunday, Monday and Mangal day are Sun, Moon and Mars respectively. Really it can be said that lords of Sunday, Monday and Mangal day are Sun, Moon and Nakshatra respectively. As Jeevatma and Atma exist in the body and how Paramatma who is other than Atma exist in the body, similarly both Sun and Moon exist in the space, a Nakshatra which doesn't have name is also in the space. Though Nakshatra is not Graha (one who grasps) like Sun and Moon, it was privileged to use that distinctive mark as Mangala. According to wisdom of Atma, it must be known that Mangala is not a planet Mars, but it is Nakshatra. Mangal day can be counted as day of Nakshatra and Nakshatra is the sign of God. Sun and Moon is Grahas. But Nakshatra is not Graha. Similarly Paramatma exist other than Atma.

Sunday reveals about the matter of creation. Monday reveals about the matter of wisdom of God. Mangal Day reveals about Paramatma and liberation. Sun appears only at day time in the space. Similarly Moon appears only in the night. Up to existence of Universe, the birth of man and his wisdom is needed.

Thraitha Aradhana (the worship of thraitha)

When the Universe is dissolved, the birth and wisdom are not needed. The Jagati (world) gets creation and dissolution for some time. World exists for 108 crores years only and it will not be existed for 108 crore years. According to this principle in the world Day and night was made to happen. According to this principle, for revealing about the birth of man and his wisdom exist for some time only, Sun and Moon, who appears for some time only in a day are kept as a sign.

The Mangal day is superior to Sunday or Monday which denotes birth and wisdom. Mangal day reveals about God who is eternal. It gives message that after taking birth and getting wisdom liberation must be attained. God is attained after knowing wisdom. God is bigger than any other and he is endless. So Nakshatra which is always in the space and is bigger than Sun and Moon so many times is seen as symbol of God. Even in the day time, if we see at the space by descending down into the deep well which is without sunlight, Nakshatras can be seen. Nakshatras exist day and night. It is the great manner by comparing God with Nakshatras which exists always over us. Attaining liberation is attaining of God. God is not defined such and such. He is beyond to everything. So, without saying by determining him, we say that he is auspicious. Auspiciousness is Mangala, so third day is said as Mangala day.

In the life of man three stages exist. One is taking birth. Second is living. Third is dying. These are called beginning, middle and end. We acknowledge that Sunday denotes beginning, Monday denotes middle and Tuesday denotes the end. Similarly we acknowledge that Sun, Moon and Nakshatra reveals about the beginning, middle and the end respectively. In this way by recognizing or knowing or revealing to others is wisdom. The practice in accordance with wisdom is called Aradhana or worship. In this worship there is opportunity for recognizing yourself and getting divine feeling.

In the previous Krita Yuga, our elders showed good way in accordance with the wisdom. They made a chief worship for knowing about God that he created all and he is root cause for all, without worshipping others such as other devatas (demy-Gods). They made the worship for knowing that all devatas were created by God only, without seeing anything which is created God as equal to God and made men walk in the right way of wisdom and for attaining liberation. The manner of worship which was made by the elders is great.

Thraitha Aradhana (the worship of thraitha)

The worship of Traita is the worship which was said and practiced by the Brahmarshis of Krita Yuga who were greater than Vasista and Viswamitra of Treta Yuga and greater than Vyasa of Dwapara Yuga. The worship of Traita must be practiced on Sunday, Moonday and Tuesday only. The worship of Traita is superior to all worships and leads to reach God. The worship of Traita is associated with great experience and gives great satisfaction. It exists as three parts. Those are first worship, middle worship and the last worship. Let us learn about first worship.

The first worship

First worship must be done on Sunday morning. First worship reveals the matter of creation, so it must be done on Sunday. Because of creation began at the time of Sunrise, first worship must be done at the time of sunrise. First worship is associated with great meaning because of it indicates birth of man. Worship must be done in a manner. Those devotees who know the manner of worship must assemble in a place and worship collectively. It is like group worship. In the travel or if he is alone, he can do worship solitarily.

The place of worship must be clean. It is better to make a place as centre for group worship. Not only cleaning of place but also body cleaning is necessary. Everyone must bathe and enter into the worship. Any time due to ill health bathe is not done; one must wash his legs, hands and armpits. If water is not available at the time of travelling, one must wash his hands at least. If water is not available even for washing of hands, face powder may be applied to the hands and face.

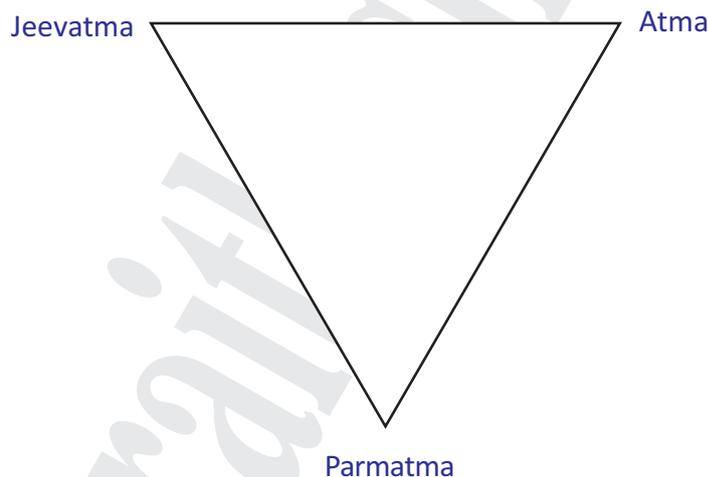
All family members including children of five years old can enter the worship. One must teach the essence of first worship to the members of family and make them enter the worship. Women and men must be seated in separate rows. As this worship is beyond the religion and aimed at God, anyone can participate in this worship. The worship of Traita is sacred, so one must stay away from the bad habits. The members of Prabhoda Seva Samiti must do the worship of Traita. Owing to unavoidable reasons or the reasons of ill health first worship is not done at the time of Sunrise worship must be done at remaining time.

Members must reach the place of worship before five minutes in advance. Members must talk in a friendly and informal way with everyone who comes to

Thraitha Aradhana (the worship of thraitha)

the worship. It must be done in the form of greeting made by namaskar (bringing the palms together before the face or chest and bowing). Namaskar is made to reveal that both are equal to God. In the place of worship even the enemy must be greeted by Namaskar. Every member must know the meaning of the worship of Traita and have capacity to tell to others about the specialty of worship.

At the time of worship one must sit by turning towards east. First worship should be done by sitting towards east because of Sun rises in the East. The posture of seating is in accordance with the convenience of body. It is better that as far as possible all members should sit in a posture. Every member should wear white cloth having three angles around their head. The cloth of three angles must reveal the **doctrine of Traita**. The two ends of white cloth which is rounded the head, is to be tied under the cheek and another end of cloth is to be left behind of head. One must consider about the end of cloth which is rounded the head from the left side is Jeevatma, and right side end of cloth is Atma.



For knowing about the teaching of Gita that in the body Jeevatma and Atma are living together, the two ends of cloth must be tied. One must consider about third end of cloth is Paramatma. Because of Paramatma doesn't appear to anyone and he is invisible in the body, for knowing this fact the third end of cloth must be left at the back of head without appearing to anyone. In the three angle cloth, if two angles are tied under the cheek, the third end of cloth is at the back as usual. In accordance with Bhagavad-Gita, tying the two ends of cloth around the head for knowing others that Atma is associated with Jeevatma, and leaving the third end of cloth behind the head is revealed completely about the **doctrine of Traita**. For revealing the existence of **Jeevatma (Kshara), Atma (Akshara)**

Thraitha Aradhana (the worship of thraitha)

and Paramatma (Purushottama), one must tie cloth around the head. White cloth must be used for revealing about the purity of Atmas.

Five minutes before Sunrise, one must sit for the worship by tying the white cloth around the head. According to the principle, first worship is being done at the time of Sunrise. One must see the period of time of worship must be for ten minutes only by worshipping for five minutes after Sunrise. At the time of worship left hand should be kept under the cheek. Similarly right hand should be kept on the head. If one sits by closing his eyes and keeping the hands like that one's attention is concentrated in the middle of head. The worship which is done at the time of sunrise on Sunday not only remembers about the beginning of creation but also made you remember about your birth. When a child takes birth he doesn't have any dispositions. So, some compared the child to God.

The worshipper does not have any wills of dispositions like the newly born child. One must try to get that state at least for ten minutes. Because of that worship is equal to newly born child; it is the practice of Brahma Yoga, according to Bhagavad-Gita. In the order of worship of Thraitha, the first worship is being done on Sunday. Among the methods of Yoga such as Brahma Yoga, Karma Yoga and Bhakti Yoga it is like doing the Brahma Yoga. As it is group worship, all members must start at same time with the sound of OMKARA and end it at same time with the sound of OMKARA. After first worship everyone can do their works. In this way the first worship which was practiced in the previous ages had merged in the time of womb. Let us revive that worship and make the previous traditions get life.

The middle worship

Middle worship must be done at midday exactly 12 'o clock when sun is at the crown of head. One must sit facing south for doing worship. Like the first worship, one must tie the white cloth around the head. The middle worship must be done on second day Monday. As Monday is belonged to wisdom of Divine, so at the time of worship one must remember about wisdom and must think that every incident which is happened to him or everything which is done by him or everything which is experienced by him is in accordance with the decision of

Thraitha Aradhana (the worship of thraitha)

karma and he is not responsible for doing that work. He must see the period of worship must be for ten minutes.

All must start the worship with the sound OM and conclude the worship by uttering the sound OM. Before starting the worship, one person might be selected for uttering OM at the beginning of worship and at the end of worship. Middle worship must be done at midday. Owing to unavoidable reasons or due to ill health if he is not done at Midday, he can do worship at remaining time. The worship of Monday must be done by maintaining purity like worship of Sunday. In the middle worship, principles must be practiced like Sunday except meaning and direction.

Because of middle worship is related to wisdom of life and is made to know that every man who plays in accordance with the role which is allotted to him must know wisdom that he is not independent and he is moving in accordance with the karma. Because of in the middle worship man thinks that he is bound to karma and every work is not done by him but it is done through him by karma only, he remembers always that wisdom and doesn't attach to the karmas. Middle worship habituates to get the manner without having ego. It must be known that this habit is Karma Yoga which was said in the Bhagavad-gita. Everyman is travelling towards death from taking birth.

As we are said that Paramatma is the lord of death and he is Yama, lord of south direction, Jeevatma in the body has to attain liberation through the entrances of right side. Jeevatma can be attained either death or liberation through the right side entrances of Kalachakra. This matter is described in the chapter of **Bhagavad-Gita of Traita doctrine**, which is written by me and in the book "Prabodha ". Because of Journey of life is towards death or liberation, and its entrances are in the right side, those who sit towards east on Sunday must sit by turning right side, that is south in the second day, Monday. The specialty of middle worship is, having remembrance of wisdom and because of aim of wisdom is south, one must sit towards south.

The person who practices middle worship by knowing the details of Monday can practise Karma Yoga with same remembrance. By habituating practice of Karma Yoga, it is treated that practice of man as **Yajna Karma** in the life in accordance with the Bhagavad-Gita. Yajna karma means burning of coming Karma. The

Thraitha Aradhana (the worship of thraitha)

manner of not attaching to karma is possible for man by practicing the middle worship on Monday and leads to attain liberation. Brahma Yoga is accustomed to by the first worship on Sunday at the time of sunrise and Karma Yoga is accustomed to by the middle worship on Monday at the time of midday. Now let us know about third worship.

The last worship

The last worship is being done on Mangalday or Tuesday, the third day. As Sunday reveals about the birth of Jeeva, Monday reveals about wisdom of Divine and Mangal day reveals about liberation. The worship which reveals auspicious liberation is being done on Tuesday which is auspicious. The worships of Traita are completed by the last worship which is done on Tuesday. This worship is being done by wearing white cloth around the head like first and middle worship. **The last worship must be done at the time of Sunset on Tuesday. The last worship should be started five minutes before Sunset, and it is to be done by ending five minutes after Sunset.**

In the period of ten minutes of worship, the direction and aim is different. This worship is to be done on Tuesday at the time of Sunset by sitting towards south direction. At the time of worship one must be attentive to Bhakti Yoga which is said in Bhagavad-gita. The chief aim of worship is merging with God by having faith and liking on God and knowing that God is greater than anyone and without having obedience on anyone and only having devotion on either God or his portion that is Bhagavan only and knowing that he doesn't have either beginning or middle or ending and he is the lord of Universe and creator.

Now Hindu religion converted to Hindu religion and worship of many Devas is made to happen in the place of worship of one God. Night time starts with the Sunset. Sunset reveals the death of man. By knowing that end of Jeeva is liberation and end of body is death and because of sunset reveals both incidents, one must turn towards the direction of sunset and pray for merging with Paramatma is the last worship. The last prayer is for only liberation. Because of aim of man is liberation, it is being done on Tuesday. **The practise of Brahma, Karma and Bhakti Yoga at Sunday morning, midday of Monday and Tuesday evening respectively is the worships of Traita.**

Thraitha Aradhana (the worship of thraitha)

Sunday -- **Morning** — **East** -- **Brahma Yoga.**

Monday -- **Midday** — **South** — **Karma Yoga.**

Mangal day -- **Evening** — **West** -- **Bhakti Yoga.**

The worship of Traita is to be done at three times of three days at the three directions by practicing three Yogas. It is better to practise not only members of Praboda Seva samiti, but also all persons must practise the worship of Traita. The worshippers of Traita must leave worship of other demy gods except wisdom of Paramatma. As the worship of three days is associated with worship of Paramatma who is creator and after knowing that real creator is God only, it can be understood that by taking refuge in the other demy-gods, we are not understood about Paramatma in the right way.

Those who do not know the greatness of God will only refuge in the demy-gods. There is no need to peep when it is appearing. If wisdom of God is known, no one thinks about other demy-gods. So many persons do not know that man had created other demy-gods and those demy-gods are living things like us and they also took birth like us. In the previous days, elders had constructed temples for revealing wisdom of Paramatma. In the previous days the forms and names of temples were filled with the wisdom of divine. Gradually, because of the aim and wisdom of elders was not known, man made so many demy-gods by other aims. He had immersed in the meaningless practices.

In the Bhagavad-gita this practices and devotion was described as Tamasa practise or Tamasa devotion. Man had fabricated other worships of devotes which are expensive and connected with physical labour by leaving the worship of Paramatma which is not expensive and without having any physical labour. Because of man is not known that other worships of demy-gods are brought about by the Maya, he is entangled in those worships and away from wisdom of God. Those who constructed the temples of other demy-gods and the worshippers of demy-gods had constructed a wall in their mind by thinking that no one existed who was superior jnani than him. If we say about wisdom of Paramatma to them, they are not in a position to hear by crossing their boundary wall.

In the previous days, only in Indu religion the wisdom which reveals the worship of one God was revealed. In the Indu religion temples were constructed for revealing the worship of one God. But Indu religion had converted to Hindu

Thraitha Aradhana (the worship of thraitha)

religion and in the place of worship of one God, worship of many demy-gods was established. In the meantime, though so many religions were formed from the Indu religion, it is delightful that worship of many demy-gods do not exist in those religions, they have not been understanding about religion and hatred on other religion stands in them.

According to this though they belonged to any religion, Maya is working on them. In these circumstances, the manner of Maya doesn't work, and mutual understanding between religions and teaching about Paramatma who is lord of all devatas and the practices are needed. God revealed the teaching of Traita doctrine for fulfilling that need. We are fortunate to say that real wisdom is in the Prabodha Seva Samiti only, so we have to practise some practices for opening the eye of others.

Everyone who knows the doctrine of Traita must practise the worship of Traita. The members of Traita must have ability to tell about doctrine of Traita by practising worship of traita. These members must participate in the worship of Paramatma and his wisdom only and not participate in the worship of other demy-gods. If near relatives called us, we must tell about the meaning of our manner and it would be sin against God if we participated like that. We must strive hard for Paramatma but we do not strive for other demy-Gods. We should not only participate in the worships of other devatas, but also not donate money to the worships of demy-gods and for the construction of temples. If we donate the money like that activities it will be an encouragement of worship of other devatas.

We can participate in the worship of Paramatma or his portion, which is without having either beginning, middle and last. In that worship if Prasada (food presented to a god in the temple and then distributed) is given to you, treat that Prasada as a great gift. If anyone gives prasada of other devata to you, treat that prasada as eatables only. Every day one must not only know at least little wisdom of Traita, but also every day he must reveal about wisdom of Traita to some persons. In the three days in which worship of Traita is being done one must used to live piously. On those three days, one should not rebuke others and not to speak hardly. In the worship of Traita all persons must wear white cloth. White is the symbol of wisdom that is Moon. Wearing of white dress reveals discipline.

Thraitha Aradhana (the worship of thraitha)

If whosoever die in the society of Traita all persons must participate in the funeral rites of body in accordance with the previous tradition by treating the dead body as Sivam(Paramatma).Srimatam(Srimantam.Parting the hair on the forehead at certain periods of first pregnancy of woman) should be done for the woman who has wisdom only, in accordance with the wisdom of Traita. If dead person gone to the births, he should not be offered balls of rice at funeral ceremony. If dead person attains liberation he must be offered balls of rice and that action must be done meaningfully. One must wear white cloth around the head which denotes three Atmas when dead body is being worshipped and the person who attains liberation is offered balls of rice as ceremonial oblation. Perhaps the ceremony of oblation of rice may be happened rarely, so wearing of white scarf is not needed. But Sivam must be touched by wearing white cloth.

One must tell as far as possible about the manners of oblation of rice at funeral ceremony, the matter of seeing the dead body as Sivam, about Srimantam and worship of Traita. How the members of Praboda Seva Samiti are allotting some time for knowing wisdom or revealing others about wisdom, one must made an arrangement to work at least half an hour or hour for God. The money which is earned by doing like that must be used for the work of God. One must walk in accordance with wisdom for knowing others that in the Praboda Seva samiti real wisdom exists.

In the previous days Sunday, Moonday and Tuesday was treated as sacred days , but now these are converted to profane days like the word of Bhagavan that dharmas would convert to adharmas. Similarly the remaining four days which were not having any sacredness have been counting as sacred days. Usually we say about a man who is fallen from virtues that he is haunted by Saturn. All persons know that Saturn is the lord of all kinds of evils. In the previous days Saturday which is the day of Saturn, was counted as not sacred day.

Similarly those who knew wisdom of Paramatma did not treat the Friday, a day of Venus which is lord of vehicles, pleasures and amorousness , Thursday, a day of Jupiter which is lord of mundane knowledge, the preceptor of all demy-gods and made the people concentrate on the mundane knowledge, Wednesday, a day of Mercury which is lord of Bhutas, Pretas, mantras and tantras as sacred days. They treated the first three days that is Sunday, Monday and Tuesday as sacred days.

Thraitha Aradhana (the worship of thraitha)

Those who do not know wisdom have been treating the Saturday as sacred day. Some are worshipping the demy-gods especially by cleaning their houses. They treat the Saturday as sacred day by not allowing either meat or fish into their houses on Saturday. Now by seeing the Saturday which doesn't have any sacredness as sacred day and using the Sunday for the unconsecrated activities, we can say that dharmas were converted to adharma. We know that Friday which is the day of Venus, is the lord of mundane related money, gold, things, vehicles, prosperity related to pleasures and the matters of amorousness, is treated by some people as Goddess of prosperity and spend on that day sacredly by fasting.

We know that on Thursday the devotees of Saibaba and the devotees of Raghavendra Swamy are worshipping by maintaining sacredness. In this way the noticeable matter is the first three days of week, Sunday, Monday and Tuesday have been treated as unconsecrated days and last days of week, Thursday, Friday and Saturday have been treated as sacred days. According to this, we can understand that so many dharmas and adharma turned upside-down. Our duty is we have to disseminate the dharmas of God by practising dharmas and eliminate the adharma which obstruct wisdom of Paramatma. God had descended as Bhagavan for establishing dharmas by eliminating adharma and faced so many obstructions. Bhagavan was insulted.

As we are men, if we tell people about and make them see Dharmas as adharma and adharma as Dharmas, we have to face some difficulty through men who are accustomed to adharma. If truth is not said, it is equal to betrayal of Atma who is representative of God. If truth is said, ignorant persons dislike us. If we advise any person spend sacredly on Sunday by cleaning the house and body without eating meat, and on Saturday you can eat meat if you like, it is against the thinking of ignorant persons. Everyman must strive for disseminating dharmas and to eliminate adharma by facing distresses for reaching God.

In the previous days Hindu religion had high wisdom. Bharat was called Hindu country. In the three days the worship of Traita was performed regularly. In those days the group worship of Traita was like the group prayer of Islam which is performed in the Mosque. Everyone participated in the prayer. Now like that worship of Hindu is not appearing. Similar prayers are in the Islam. In the Islam religion, people have more faithfulness; obedience to the God, discipline and heed

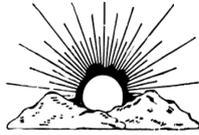
Thraitha Aradhana (the worship of thraitha)

the word of prophet is delightful. But it is regretful that in the Indu religion people are used to practise of worship of other demy-Gods by leaving the worship of Traita.

After seeing the worship (Namaj) in Islam and realizing his mistakes by knowing the details of worship of Traita, one must practise worship of Traita and made others practise the worship of Traita by grasping that we have a worship which is associated with the wisdom. Everyone who is Indu must know about the worship of Traita. You must do the worship of Traita which stands you bravely before other religions and don't question me that so far any Swamiji or any Guru did not say about this matter. Though a man who doesn't have manliness is fond of her wife, his wife is dissatisfied. Similarly though the preceptor teaches well without revealing about Purusha (God), the person who has womanishness (the quality of Maya) is dissatisfied. Because of this, on these days a person is taking refuge in so many Gurus.

Thraitha Aradhana (the worship of thraitha)

Even now what he is to be known is not known. Even now the scope for knowing exists. Leave the illusions about the Gurus and consider that a Universal Guru exists for all persons. **You must do the worship of Traita for revealing others that worship of Indus is like this. If you are real Indu, the worship on Sunday, Monday and Tuesday is important than wearing of the sectarian mark on the forehead or the upright mark drawn in the forehead. I request you do the worship of Traita on three days at three times at three directions by practicing three Yogas for bringing up value and the meaning to the word Indu. We reveal that you take birth as Indu, live as Indu and die as Indu.**



Yours

Indu Virtue Principal Donor

Sensational Writer, Thraitha Theorem Originator

Sri Acharya Prabhodhananda Yogeeswarlu



*How a Shastra is need for defending the matter,
In the same way Shastra is need for condemning a matter.*

*If one thousand persons say untruth it won't become truth.
If one thousand persons deny truth it won't become untruth.*